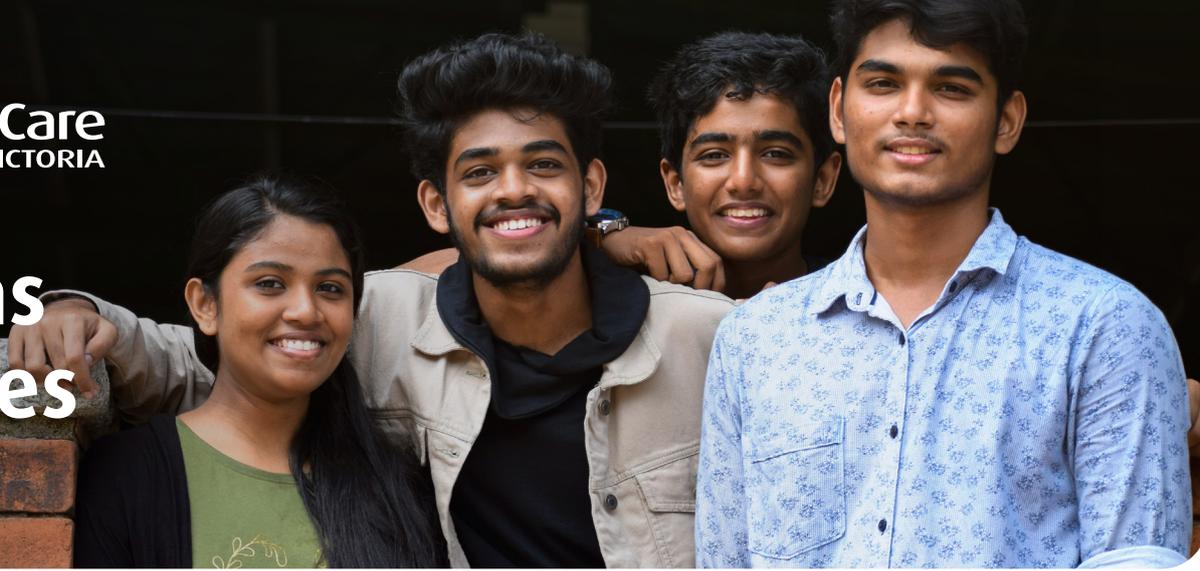


Programs & Services

FOOTSCRAY



At CatholicCare Victoria we empower communities and build strength and resilience, to enable everyone to reach their full potential and live life to the full.

We offer over 60 programs and services across Victoria.

Our services are offered to everyone in the community, regardless of race, religious beliefs or economic status.

Families

Family Services

We aid families who are experiencing multiple difficulties such as parenting challenges, family violence and mental health issues. Our practitioners work with families and expectant parents to understand their specific needs and tailor a response that may include a combination of services.

Family and Property Dispute Resolution

Divorce, separation or family breakdown can be difficult and stressful for everyone involved. Dispute resolution provides mediation for separated or separating parents to reach agreement on parenting plans, division of property and finances.

Resolving issues through mediation reduces the conflict that families experience. It also helps separating or separated parents to focus on the best interests of their children.

Adoption & Permanent Care

Our Adoption program provides support for biological parents, assessments for prospective parents, and support for adoptive families.

Our agency also runs a Permanent Carer program, facilitating permanent placements of children who have gone through the Child Protection System and cannot return to live with their biological families. Resourceful, open-minded and flexible permanent care parents are in great demand.

Our services are child-focused and aim to meet every child's needs in the best possible way.

Parenting Orders Program

We all want what's best for our children. But this can be particularly difficult to manage when parents are in conflict following the breakdown of their relationship.

Separation or divorce can affect all members of the family, so tailored support and education can help families work together and find solutions in the best interests of the children.

Speaking to a family counsellor can help families cope with change, improve communication and work through issues together.

Counselling

When you or a loved one is going through a tough time, it's okay to ask for help.

Speaking to a counsellor can improve your quality of life, reduce stress, help strengthen or rebuild relationships with others, and help you feel more in control of your life.

Counselling provides one-on-one support to help deal with mental health issues, stressful or traumatic events, relationship problems and any other personal challenges or problems.

We provide affordable and confidential counselling to people of all ages, cultures and religious backgrounds.

Counselling for Children and Teens

While it's natural for children and teenagers to display some challenging or moody behaviours, if you feel like something just isn't right or if you notice your child has been behaving out of character, seeking support early can prevent issues from becoming overwhelming.

Talking to a counsellor can help your child to modify negative or unwanted behaviours, ease stress and anxiety, and to improve their relationships and social skills.

FOOTSCRAY PROGRAMS AND SERVICES

Counselling for Young Adults

If you've been feeling sad, depressed, anxious, stressed or you're struggling to cope, it's okay to ask for help.

Whether you're struggling with issues at school or work, mental health, relationships, family problems or you just need someone to talk to, speaking with a counsellor can help.

Speaking with a counsellor can also help to increase your overall wellbeing, and they can provide you with helpful tips and strategies you can continue to use when times get tough.

If you like, our counsellors can collaborate with your school, your family and/or your friends to work through issues and make sure you get the support you need.

Alcohol and Other Drug Service

There are many reasons why someone may turn to drugs or alcohol: the loss of a loved one, redundancy, loneliness, relationship issues or mental health problems.

But when an addiction forms it can be difficult to stop.

Our counsellors specialise in helping people with problematic alcohol and other drug use, and help address the social and emotional challenges, and relationship strain or breakdown that is associated with addiction.

Our Alcohol & Other Drug Service provides alcohol and other drug use assessment; compassionate, non-judgemental and confidential counselling and support for individuals struggling with addiction; and referrals to other CatholicCare Victoria services or other agencies



Financial Services

Emergency Relief

Emergency Relief provides financial or material aid to assist people experiencing financial hardship resulting from their current life situation or an unexpected crisis event.

CatholicCare Victoria provides confidential, non-judgemental support to maintain the dignity of individuals and families. Phone appointments must be made in order to access Emergency Relief. See our website for more details.

Refugee & Asylum Seekers

Job Readiness Program

For refugees and asylum seekers, finding a job is one of the most challenging obstacles to good settlement.

Language difficulties, lack of recognition of prior qualifications and experiences, and low understanding of Australian workplace regulations and culture can put employment beyond the reach of many who are hoping to build a new life in Australia.

We provide information and support to assist refugees to prepare for, find, and retain employment under equitable working conditions.

Settlement Engagement & Transition Support

Settlement Engagement Transition Support equips and empowers refugees and other vulnerable migrants to address their settlement needs by focusing on the three E's: English language skills, Education and training, and Employment.

Support includes case management, advocacy and specialised counselling, as well as group programs and information sessions. We also provide referrals to other local services.

Humanitarian entrants in their first five years of arrival in Australia can access this service by contacting our office. There is no charge for this service.